



**Junior League of Northern Westchester & Mildred E. Strang Middle School  
hosted 1<sup>st</sup> Annual Intergenerational Exchange Day**

**Yorktown, NY (April 19, 2009) - The Junior League of Northern Westchester along with the faculty and PTA of Mildred E. Strang Middle School** recently hosted the 1<sup>st</sup> Annual Intergenerational Exchange Day. Almost thirty Northern Westchester senior residents and over a hundred middle school students participated in a full day of programming allowing them to exchange stories and experiences. This exchange works to preserve our history as passed down by those who lived it, while supporting our youth's energy and enthusiasm for learning.

The day started with a warm welcome from students complete with posters that students made and cheers. A panel discussion with 8<sup>th</sup> graders, classroom participation with 7<sup>th</sup> graders, and a fun filled lunch and recess with 6<sup>th</sup> graders were just a few of the highlights of the day.

Rose Ferdinando one of the senior participants (Yorktown Heights, NY) said, "Being with the students brought back memories of when I was their age and reminded me of what I was doing at that time in my life. It was very interesting to share experiences and see how different our lives were compared to student's day to day routine today."

The day ended with a concert with entertainment from middle school students. Principal Linda Grimm said, "The Intergenerational Exchange Day was one of the most enjoyable and rewarding experiences that our students and staff had the opportunity to share with members of our community! It was a fabulous event!"

Intergenerational Exchange Day is one of the initiatives The Junior League of Northern Westchester is launching designed to build bridges between generations and create integrated intergenerational communities.

Photos from Intergenerational Exchange Day:



Students of Mildred E. Strang Middle School made posters welcoming senior participants to the Junior League of Northern Westchester sponsored Intergenerational Exchange Day.



Senior participants spoke to students about their experiences as young adults.



Social Studies teacher David Marr demonstrates Smart Board Technology to Yorktown senior participant.

### **About the Junior League of Northern Westchester**

The Junior League of Northern Westchester is an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

The JLNW is always looking to involve new members, women who feel they want to be a part of positive change in our community, enrich their lives and the lives of others while forming lasting friendships. The JLNW reaches out to women of all ages, races, religions and national origins. Please visit their website at [www.jlnw.org](http://www.jlnw.org) or contact the office at 914-234-4714 for more information.

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